

Benefits of Kinesiology for Dogs

88% of the dogs participating in the study experienced a significant or marked change in their behaviour or condition.*

As a Kinesiologist, Ailsa uses muscle testing to identify the triggers that have led to current behavioural issues and works with the owner to correct the imbalances so that the dog can move forward more positively. The owner acts as a surrogate for the animal and is given follow-up work to do with the dog which will support the sessions and reduce and resolve the presenting issues.

In addition to improving a dog's performance in agility, flyball, the show ring and with working dogs, the study proved that Kinesiology is effective in helping dogs with the following behaviours or conditions:

- Barking
- Aggression and anger
- Separation anxiety
- Fear of loud noises
- Digestive problems
- Lack of confidence
- Physical injuries
- Relationship issues with humans, dogs and other animals
- Stress
- Depression
- Phobias
- Skin problems
- Incontinence

'I was at my wits end before I started working with Ailsa, I would never have given up on Glen but would have been severely restricted with what I could do and where I could take him. Kinesiology has given me the dog that I wanted. I can now trust him walking off lead with other dogs – incredible.'

Betty, East Calder

'Lachlan has over the last few months become a more relaxed dog and able to cope with the situation much better than before – he is less noisy in the house no more barking at the smallest noise etc – thanks Ailsa.'

Mandy Clarkson, Riverside Veterinary Practice

'I have to admit to being initially somewhat sceptical with regards to the treatment Kavik was going to receive. I believe the results speak for themselves and the noted significant decrease in the number of seizures Kavik has recently suffered has been nothing less than amazing. I would certainly have no hesitation in recommending Ailsa's treatment to others.'

Ewan Robertson, Livingston

To book a Kinesiology session for yourself and/or your pet contact:

Ailsa Fairgrieve BA KFRP Tel_07786212290
ailsafairgrieve@yahoo.co.uk

For more information or details of the study
www.ailsakinesiology.co.uk

Ailsa is available to come and talk at dog groups and clubs.

* 25 dogs took part in the study, each dog receiving three sessions. Ailsa has since extended the study and achieved outstanding results with a range of animals including cats, horses and chickens.